

鳥羽

TOBA

2025 年

| 日 | 満潮 | | | | 干潮 | | | | 日 | 満潮 | | | | 干潮 | | | | | | |
|----|----|-------|-------|-------|-------|-------|-------|-------|-------|-----|------|------|-------|-------|-------|-------|-------|-------|-------|----|
| | 時分 | cm | 時分 | cm | 時分 | cm | 時分 | cm | | 時分 | cm | 時分 | cm | 時分 | cm | 時分 | cm | | | |
| 1月 | 1 | 7 29 | 190 | 18 16 | 184 | 0 35 | -13 | 12 54 | 86 | 4月 | 1 | 7 20 | 202 | 20 23 | 196 | 1 27 | 53 | 13 51 | -4 | |
| | 2 | 8 4 | 190 | 18 59 | 183 | 1 13 | -14 | 13 31 | 82 | 2 | 7 46 | 193 | 21 13 | 179 | 1 59 | 74 | 14 32 | 3 | | |
| | 3 | 8 40 | 188 | 19 43 | 179 | 1 51 | -11 | 14 11 | 78 | 3 | 8 11 | 181 | 22 12 | 160 | 2 31 | 94 | 15 18 | 17 | | |
| | 4 | 9 16 | 184 | 20 32 | 170 | 2 29 | -1 | 14 55 | 75 | 4 | 8 37 | 166 | 23 35 | 145 | 3 4 | 112 | 16 17 | 35 | | |
| | 5 | 9 52 | 179 | 21 28 | 159 | 3 8 | 15 | 15 45 | 71 | 5 | 上弦 | 9 7 | 149 | | 3 51 | 127 | 17 43 | 51 | | |
| | 6 | 10 30 | 173 | 22 37 | 146 | 3 49 | 35 | 16 44 | 67 | 6 | 2 6 | 143 | 11 6 | 132 | 8 17 | 130 | 19 30 | 56 | | |
| | 7 | 11 10 | 168 | | | 4 34 | 59 | 17 56 | 59 | 7 | 3 27 | 152 | 14 14 | 135 | 9 34 | 111 | 20 51 | 53 | | |
| | 8 | 0 5 | 137 | 11 59 | 163 | 5 32 | 83 | 19 15 | 48 | 8 | 4 1 | 162 | 15 27 | 149 | 10 3 | 92 | 21 45 | 47 | | |
| | 9 | 1 57 | 137 | 13 0 | 159 | 6 56 | 103 | 20 31 | 33 | 9 | 4 28 | 171 | 16 14 | 164 | 10 30 | 75 | 22 26 | 43 | | |
| | 10 | 3 41 | 150 | 14 12 | 159 | 8 40 | 113 | 21 36 | 17 | 10 | 4 52 | 179 | 16 52 | 176 | 10 56 | 59 | 23 0 | 42 | | |
| | 11 | 4 50 | 165 | 15 21 | 164 | 10 5 | 112 | 22 32 | 2 | 11 | 5 14 | 185 | 17 27 | 185 | 11 21 | 45 | 23 30 | 45 | | |
| | 12 | 5 39 | 178 | 16 18 | 171 | 11 4 | 106 | 23 21 | -9 | 12 | 5 35 | 189 | 18 1 | 191 | 11 47 | 33 | 23 59 | 49 | | |
| | 13 | 6 20 | 186 | 17 8 | 177 | 11 48 | 98 | | | 13 | 5 55 | 192 | 18 33 | 194 | | | 12 13 | 24 | | |
| | 14 | 望 | 6 56 | 190 | 17 52 | 181 | 0 5 | -16 | 12 25 | 89 | 14 | 6 15 | 192 | 19 6 | 194 | 0 26 | 56 | 12 39 | 18 | |
| | 15 | | 7 28 | 190 | 18 31 | 182 | 0 44 | -17 | 12 58 | 82 | 15 | 6 36 | 191 | 19 39 | 189 | 0 53 | 65 | 13 6 | 16 | |
| | 16 | | 7 58 | 187 | 19 8 | 179 | 1 19 | -12 | 13 30 | 76 | 16 | 6 57 | 188 | 20 13 | 182 | 1 19 | 74 | 13 33 | 17 | |
| | 17 | | 8 25 | 183 | 19 44 | 172 | 1 51 | -3 | 14 1 | 72 | 17 | 7 20 | 182 | 20 51 | 172 | 1 45 | 84 | 14 3 | 22 | |
| | 18 | | 8 50 | 179 | 20 21 | 163 | 2 20 | 10 | 14 34 | 69 | 18 | 7 44 | 174 | 21 35 | 161 | 2 13 | 94 | 14 37 | 30 | |
| | 19 | | 9 15 | 175 | 21 0 | 151 | 2 47 | 25 | 15 9 | 68 | 19 | 8 11 | 164 | 22 34 | 150 | 2 45 | 105 | 15 19 | 40 | |
| | 20 | | 9 40 | 169 | 21 47 | 138 | 3 14 | 43 | 15 50 | 67 | 20 | 8 48 | 153 | | | 3 30 | 116 | 16 21 | 50 | |
| | 21 | | 10 7 | 164 | 22 49 | 126 | 3 43 | 62 | 16 42 | 68 | 21 | 下弦 | 0 8 | 145 | 9 56 | 140 | 5 13 | 124 | 17 55 | 57 |
| | 22 | | 10 39 | 157 | | | 4 17 | 81 | 17 52 | 67 | 22 | 1 57 | 151 | 12 21 | 135 | 7 48 | 116 | 19 31 | 54 | |
| | 23 | | 0 30 | 119 | 11 23 | 149 | 5 8 | 100 | 19 21 | 61 | 23 | 2 58 | 163 | 14 13 | 148 | 8 54 | 97 | 20 43 | 47 | |
| | 24 | | 2 56 | 125 | 12 29 | 144 | 6 57 | 114 | 20 40 | 49 | 24 | 3 37 | 176 | 15 22 | 168 | 9 37 | 73 | 21 38 | 42 | |
| | 25 | | 4 18 | 140 | 13 55 | 143 | 8 58 | 115 | 21 39 | 34 | 25 | 4 10 | 188 | 16 18 | 188 | 10 15 | 48 | 22 26 | 41 | |
| | 26 | | 5 1 | 155 | 15 8 | 150 | 10 9 | 109 | 22 28 | 18 | 26 | 4 42 | 198 | 17 8 | 205 | 10 54 | 25 | 23 10 | 46 | |
| | 27 | | 5 36 | 168 | 16 4 | 161 | 10 55 | 99 | 23 10 | 2 | 27 | 5 12 | 205 | 17 57 | 214 | 11 32 | 4 | 23 51 | 56 | |
| | 28 | | 6 8 | 179 | 16 52 | 173 | 11 33 | 89 | 23 49 | -11 | 28 | 5 43 | 207 | 18 45 | 216 | | | 12 12 | -9 | |
| | 29 | | 6 40 | 188 | 17 36 | 183 | | | 12 9 | 78 | 29 | 6 14 | 206 | 19 33 | 210 | 0 30 | 70 | 12 53 | -14 | |
| | 30 | | 7 11 | 194 | 18 19 | 191 | 0 27 | -20 | 12 44 | 67 | 30 | 6 45 | 201 | 20 22 | 199 | 1 9 | 85 | 13 35 | -11 | |
| | 31 | | 7 42 | 196 | 19 2 | 193 | 1 3 | -21 | 13 20 | 58 | | | | | | | | | | |
| 2月 | 1 | 8 12 | 196 | 19 46 | 190 | 1 38 | -15 | 13 57 | 49 | 5月 | 1 | 7 17 | 192 | 21 13 | 184 | 1 46 | 99 | 14 20 | 1 | |
| | 2 | 8 42 | 192 | 20 32 | 181 | 2 13 | 0 | 14 36 | 43 | 2 | 7 51 | 179 | 22 10 | 169 | 2 25 | 111 | 15 9 | 17 | | |
| | 3 | 9 10 | 186 | 21 22 | 166 | 2 45 | 21 | 15 19 | 41 | 3 | 8 30 | 164 | 23 18 | 158 | 3 11 | 120 | 16 6 | 36 | | |
| | 4 | 9 38 | 178 | 22 21 | 149 | 3 18 | 46 | 16 7 | 41 | 4 | 上弦 | 9 30 | 147 | | 4 25 | 125 | 17 17 | 53 | | |
| | 5 | 上弦 | 10 7 | 169 | 23 42 | 134 | 3 51 | 73 | 17 9 | 43 | 5 | 0 41 | 153 | 11 34 | 135 | 6 55 | 121 | 18 37 | 64 | |
| | 6 | 10 43 | 158 | | | 4 31 | 99 | 18 34 | 44 | 6 | 1 57 | 156 | 13 38 | 138 | 8 28 | 105 | 19 51 | 69 | | |
| | 7 | 2 8 | 130 | 11 45 | 147 | 5 54 | 121 | 20 13 | 38 | 7 | 2 48 | 162 | 14 55 | 148 | 9 13 | 87 | 20 50 | 71 | | |
| | 8 | 4 19 | 145 | 13 51 | 142 | 9 13 | 125 | 21 34 | 25 | 8 | 3 24 | 169 | 15 48 | 161 | 9 47 | 70 | 21 38 | 72 | | |
| | 9 | 5 6 | 161 | 15 28 | 151 | 10 33 | 112 | 22 32 | 12 | 9 | 3 53 | 176 | 16 31 | 173 | 10 18 | 55 | 22 18 | 73 | | |
| | 10 | 5 39 | 173 | 16 28 | 163 | 11 13 | 98 | 23 18 | 1 | 10 | 4 20 | 182 | 17 10 | 183 | 10 47 | 41 | 22 54 | 76 | | |
| | 11 | 望 | 6 8 | 181 | 17 13 | 174 | 11 45 | 85 | 23 56 | -6 | 11 | 4 45 | 186 | 17 46 | 190 | 11 16 | 29 | 23 28 | 79 | |
| | 12 | | 6 35 | 186 | 17 52 | 182 | | | 12 14 | 73 | 12 | 5 9 | 189 | 18 21 | 195 | 11 45 | 21 | | | |
| | 13 | | 7 1 | 188 | 18 27 | 185 | 0 29 | -7 | 12 42 | 63 | 13 | 5 34 | 190 | 18 56 | 195 | 0 0 | 84 | 12 15 | 15 | |
| | 14 | | 7 24 | 189 | 19 0 | 185 | 0 59 | -3 | 13 9 | 55 | 14 | 6 0 | 190 | 19 31 | 193 | 0 31 | 88 | 12 45 | 13 | |
| | 15 | | 7 45 | 188 | 19 33 | 180 | 1 25 | 6 | 13 36 | 49 | 15 | 6 26 | 187 | 20 8 | 187 | 1 1 | 93 | 13 17 | 15 | |
| | 16 | | 8 6 | 185 | 20 5 | 173 | 1 50 | 18 | 14 3 | 45 | 16 | 6 55 | 183 | 20 47 | 180 | 1 33 | 98 | 13 51 | 19 | |
| | 17 | | 8 25 | 182 | 20 40 | 162 | 2 14 | 33 | 14 32 | 44 | 17 | 7 28 | 176 | 21 32 | 172 | 2 7 | 104 | 14 29 | 26 | |
| | 18 | | 8 45 | 176 | 21 19 | 150 | 2 37 | 49 | 15 4 | 45 | 18 | 8 6 | 168 | 22 26 | 166 | 2 48 | 109 | 15 14 | 35 | |
| | 19 | | 9 7 | 169 | 22 6 | 137 | 3 0 | 67 | 15 40 | 50 | 19 | 8 58 | 157 | 23 30 | 163 | 3 44 | 114 | 16 11 | 45 | |
| | 20 | | 9 30 | 160 | 23 18 | 125 | 3 24 | 85 | 16 28 | 55 | 20 | 下弦 | 10 18 | 148 | | 5 10 | 115 | 17 21 | 54 | |
| | 21 | | 9 59 | 150 | | | 3 52 | 103 | 17 45 | 60 | 21 | 0 39 | 165 | 12 5 | 146 | 6 48 | 105 | 18 38 | 61 | |
| | 22 | | 2 17 | 122 | 10 49 | 139 | 4 59 | 120 | 19 42 | 56 | 22 | 1 40 | 171 | 13 43 | 155 | 7 59 | 86 | 19 50 | 66 | |
| | 23 | | 4 17 | 137 | 12 59 | 133 | 8 53 | 122 | 21 10 | 42 | 23 | 2 29 | 179 | 14 59 | 171 | 8 53 | 62 | 20 54 | 71 | |
| | 24 | | 4 48 | 153 | 14 53 | 142 | 10 5 | 109 | 22 7 | 24 | 24 | 3 11 | 188 | 16 3 | 188 | 9 39 | 38 | 21 50 | 77 | |
| | 25 | | 5 16 | 168 | 15 57 | 158 | 10 44 | 94 | 22 52 | 7 | 25 | 3 50 | 195 | 16 59 | 201 | 10 24 | 17 | 22 42 | 84 | |
| | 26 | | 5 44 | 182 | 16 47 | 176 | 11 18 | 78 | 23 31 | -6 | 26 | 4 28 | 200 | 17 52 | 210 | 11 9 | 0 | 23 30 | 92 | |
| | 27 | | 6 12 | 193 | 17 31 | 192 | 11 51 | 61 | | | 27 | 5 6 | 203 | 18 43 | 212 | 11 55 | -10 | | | |
| | 28 | | 6 40 | 200 | 18 15 | 202 | 0 8 | -13 | 12 25 | 44 | 28 | 5 45 | 202 | 19 32 | 208 | 0 15 | 99 | 12 41 | -12 | |
| | 朔 | | | | | | | | | 29 | 6 24 | 198 | 20 20 | 201 | 0 59 | 105 | 13 27 | -7 | | |
| | | | | | | | | | | 30 | 7 6 | 191 | 21 7 | 191 | 1 41 | 110 | 14 13 | 4 | | |
| | | | | | | | | | | 31 | 7 50 | 180 | 21 53 | 180 | 2 25 | 113 | 15 0 | 20 | | |
| 3月 | 1 | 7 8 | 204 | 18 58 | 206 | 0 44 | -10 | 13 0 | 30 | 6月 | 1 | 8 40 | 168 | 22 40 | 172 | 3 14 | 114 | 15 48 | 37 | |
| | 2 | 7 35 | 203 | 19 42 | 202 | 1 18 | 1 | 13 36 | 20 | 2 | 9 42 | 155 | 23 29 | 167 | 4 15 | 114 | 16 38 | 54 | | |
| | 3 | 8 1 | 199 | 20 27 | 190 | 1 50 | 20 | 14 13 | 15 | 3 | 上弦 | 11 5 | 144 | | 5 36 | 110 | 17 34 | 70 | | |
| | 4 | 8 26 | 192 | 21 16 | 174 | 2 21 | 44 | 14 53 | 16 | 4 | 0 21 | 165 | 12 41 | 141 | 7 3 | 100 | 18 36 | 83 | | |
| | 5 | 8 50 | 181 | 22 12 | 154 | 2 50 | 69 | 15 38 | 24 | 5 | 1 13 | 166 | 14 9 | 146 | 8 8 | 87 | 19 40 | 93 | | |
| | 6 | | 9 14 | 169 | 23 35 | 136 | 3 18 | 94 | 16 35 | 36 | 6 | 2 1 | 169 | 15 18 | 156 | 8 56 | 72 | 20 41 | 99 | |
| | 7 | | 9 39 | 154 | | | 3 47 | 115 | 18 4 | 47 | 7 | 2 43 | 173 | 16 11 | 168 | 9 37 | 57 | 21 35 | 102 | |
| | 8 | | 3 5 | 134 | 10 28 | 138 | 5 46 | 133 | 20 0 | 47 | 8 | 3 21 | 177 | 16 56 | 179 | 10 13 | 44 | 22 22 | 103 | |
| | 9 | | 4 22 | 149 | 14 12 | 134 | 10 4 | 120 | 21 25 | 37 | 9 | 3 56 | 181 | 17 35 | 188 | 10 48 | 33 | 23 3 | 104 | |
| | 10 | | 4 49 | 162 | 15 39 | 148 | 10 34 | 102 | 22 20 | 26 | 10 | 4 29 | 184 | 18 13 | 193 | 11 23 | 24 | 23 41 | 104 | |
| | 11 | | 5 14 | 172 | 16 29 | 163 | 11 1 | 85 | 23 0 | 18 | 11 | 望 | 5 2 | 187 | 18 50 | 196 | 11 57 | 18 | | |
| | 12 | | 5 38 | 180 | 17 8 | 176 | 11 26 | 70 | 23 34 | 14 | 12 | 5 36 | 189 | 19 26 | 196 | 0 16 | 103 | 12 32 | 15 | |
| | 13 | | 6 0 | 186 | 17 43 | 185 | 11 51 | 56 | | | 13 | 6 10 | 189 | 20 3 | 194 | 0 51 | 103 | 13 9 | 14 | |
| | 14 | | 6 22 | 189 | 18 16 | 190 | 0 4 | 15 | 12 17 | 45 | 14 | 6 47 | 187 | 20 41 | 191 | 1 27 | 103 | 13 46 | 17 | |
| | 15 | | 6 42 | 191 | 18 47 | 191 | 0 31 | 19 | 12 | | | | | | | | | | | |

鳥羽

TOBA

2025 年

| 日 | 満潮 | | | | 干潮 | | | | 日 | 満潮 | | | | 干潮 | | | | | |
|----|----|-------|-----|-------|-----|-------|-----|-------|-----|-----|----|-------|-----|-------|-----|-------|------|-------|-----|
| | 時分 | cm | 時分 | cm | 時分 | cm | 時分 | cm | | 時分 | cm | 時分 | cm | 時分 | cm | 時分 | cm | | |
| 7月 | 1 | 9 25 | 167 | 22 24 | 182 | 3 40 | 99 | 15 53 | 59 | 10月 | 1 | | | 15 3 | 163 | 6 17 | 83 | 20 45 | 140 |
| | 2 | 10 23 | 156 | 22 59 | 177 | 4 32 | 97 | 16 31 | 78 | | 2 | 0 12 | 146 | 15 43 | 177 | 8 3 | 76 | 21 28 | 123 |
| | 3 | 11 38 | 147 | 23 38 | 174 | 5 36 | 93 | 17 17 | 96 | | 3 | 2 22 | 158 | 16 11 | 190 | 9 8 | 62 | 21 59 | 103 |
| | 4 | | | 13 12 | 145 | 6 48 | 87 | 18 20 | 112 | | 4 | 3 26 | 177 | 16 37 | 203 | 9 55 | 49 | 22 30 | 82 |
| | 5 | 0 26 | 171 | 14 48 | 152 | 7 56 | 77 | 19 40 | 122 | | 5 | 4 14 | 197 | 17 4 | 214 | 10 36 | 41 | 23 2 | 60 |
| | 6 | 1 23 | 169 | 15 58 | 164 | 8 53 | 66 | 20 59 | 125 | | 6 | 4 59 | 215 | 17 31 | 222 | 11 14 | 39 | 23 35 | 40 |
| | 7 | 2 21 | 170 | 16 49 | 176 | 9 42 | 54 | 22 1 | 123 | | 7 | 5 43 | 227 | 17 58 | 226 | 11 51 | 44 | | |
| | 8 | 3 15 | 174 | 17 30 | 187 | 10 26 | 42 | 22 50 | 119 | | 8 | 6 27 | 233 | 18 25 | 228 | 0 10 | 23 | 12 26 | 56 |
| | 9 | 4 2 | 180 | 18 7 | 194 | 11 7 | 31 | 23 30 | 114 | | 9 | 7 12 | 230 | 18 52 | 222 | 0 47 | 12 | 13 1 | 73 |
| | 10 | 4 44 | 186 | 18 41 | 200 | 11 46 | 22 | | | | 10 | 7 59 | 219 | 19 19 | 214 | 1 25 | 10 | 13 35 | 92 |
| | 11 | 5 26 | 192 | 19 15 | 203 | 0 7 | 109 | 12 24 | 16 | | 11 | 8 49 | 203 | 19 46 | 202 | 2 6 | 15 | 14 9 | 111 |
| | 12 | 6 6 | 197 | 19 49 | 205 | 0 42 | 103 | 13 0 | 13 | | 12 | 9 46 | 185 | 20 14 | 187 | 2 52 | 28 | 14 45 | 129 |
| | 13 | 6 48 | 199 | 20 22 | 205 | 1 18 | 98 | 13 37 | 15 | | 13 | 11 4 | 169 | 20 49 | 169 | 3 48 | 46 | 15 37 | 143 |
| | 14 | 7 31 | 197 | 20 55 | 204 | 1 56 | 93 | 14 13 | 21 | | 14 | 14 2 | 163 | 22 34 | 150 | 5 9 | 62 | 19 3 | 147 |
| | 15 | 8 18 | 193 | 21 28 | 201 | 2 36 | 88 | 14 49 | 34 | | 15 | 13 7 | 163 | 14 46 | 170 | 6 53 | 70 | 21 2 | 127 |
| | 16 | 9 9 | 185 | 22 1 | 197 | 3 21 | 84 | 15 27 | 51 | | 16 | 1 42 | 151 | 15 30 | 179 | 8 19 | 69 | 21 38 | 107 |
| | 17 | 10 9 | 175 | 22 37 | 192 | 4 11 | 79 | 16 8 | 73 | | 17 | 3 3 | 165 | 16 0 | 187 | 9 18 | 65 | 22 7 | 87 |
| | 18 | 11 22 | 166 | 23 18 | 186 | 5 11 | 74 | 16 58 | 96 | | 18 | 3 54 | 180 | 16 26 | 195 | 10 2 | 62 | 22 35 | 70 |
| | 19 | | | 12 56 | 161 | 6 21 | 67 | 18 5 | 118 | | 19 | 4 35 | 192 | 16 49 | 201 | 10 38 | 62 | 23 2 | 55 |
| | 20 | 0 10 | 181 | 14 46 | 167 | 7 39 | 57 | 19 44 | 133 | | 20 | 5 12 | 202 | 17 11 | 205 | 11 10 | 65 | 23 28 | 43 |
| | 21 | 1 20 | 178 | 16 13 | 181 | 8 53 | 44 | 21 25 | 135 | | 21 | 5 46 | 207 | 17 33 | 206 | 11 40 | 70 | 23 55 | 33 |
| | 22 | 2 40 | 180 | 17 12 | 194 | 9 58 | 30 | 22 36 | 129 | | 22 | 6 20 | 210 | 17 53 | 206 | | | | |
| | 23 | 3 49 | 187 | 17 57 | 204 | 10 54 | 18 | 23 27 | 120 | | 23 | 6 53 | 209 | 18 14 | 204 | 0 21 | 28 | 12 35 | 85 |
| | 24 | 4 47 | 196 | 18 36 | 210 | 11 44 | 10 | | | | 24 | 7 26 | 204 | 18 36 | 200 | 0 48 | 26 | 13 3 | 93 |
| | 25 | 5 36 | 203 | 19 11 | 212 | 0 8 | 110 | 12 27 | 8 | | 25 | 8 1 | 196 | 18 58 | 194 | 1 16 | 27 | 13 30 | 102 |
| | 26 | 6 21 | 206 | 19 42 | 211 | 0 44 | 101 | 13 6 | 12 | | 26 | 8 38 | 186 | 19 22 | 185 | 1 46 | 33 | 13 58 | 110 |
| | 27 | 7 1 | 205 | 20 10 | 208 | 1 18 | 94 | 13 40 | 21 | | 27 | 9 21 | 174 | 19 49 | 175 | 2 19 | 41 | 14 30 | 120 |
| | 28 | 7 40 | 199 | 20 36 | 204 | 1 51 | 88 | 14 11 | 35 | | 28 | 10 17 | 164 | 20 21 | 162 | 2 58 | 52 | 15 10 | 129 |
| | 29 | 8 19 | 190 | 21 0 | 200 | 2 24 | 84 | 14 39 | 51 | | 29 | 11 42 | 157 | 21 21 | 148 | 3 55 | 63 | 16 53 | 135 |
| | 30 | 8 59 | 180 | 21 23 | 195 | 2 59 | 83 | 15 6 | 69 | | 30 | 13 26 | 161 | 23 50 | 141 | 5 22 | 71 | 19 37 | 127 |
| | 31 | 9 45 | 168 | 21 48 | 189 | 3 37 | 82 | 15 34 | 88 | | 31 | | | 14 30 | 172 | 7 0 | 71 | 20 39 | 107 |
| 8月 | 1 | 10 43 | 156 | 22 17 | 181 | 4 23 | 84 | 16 7 | 107 | 11月 | 1 | 1 51 | 151 | 15 10 | 184 | 8 14 | 66 | 21 18 | 84 |
| | 2 | 12 9 | 149 | 22 55 | 173 | 5 23 | 85 | 16 55 | 125 | | 2 | 3 2 | 170 | 15 43 | 195 | 9 11 | 60 | 21 54 | 59 |
| | 3 | 14 23 | 151 | 23 54 | 166 | 6 44 | 83 | 18 34 | 139 | | 3 | 3 57 | 191 | 16 14 | 205 | 9 59 | 58 | 22 30 | 34 |
| | 4 | | | 15 59 | 164 | 8 8 | 76 | 20 42 | 141 | | 4 | 4 46 | 208 | 16 44 | 212 | 10 43 | 61 | 23 8 | 12 |
| | 5 | 1 25 | 163 | 16 46 | 177 | 9 16 | 65 | 21 57 | 134 | | 5 | 5 34 | 220 | 17 15 | 216 | 11 24 | 69 | 23 47 | -3 |
| | 6 | 2 49 | 168 | 17 21 | 189 | 10 9 | 51 | 22 43 | 124 | | 6 | 6 21 | 225 | 17 47 | 216 | | | 12 5 | 79 |
| | 7 | 3 49 | 178 | 17 52 | 199 | 10 53 | 37 | 23 19 | 114 | | 7 | 7 9 | 221 | 18 19 | 212 | 0 27 | -11 | 12 44 | 92 |
| | 8 | 4 37 | 190 | 18 22 | 208 | 11 32 | 26 | 23 53 | 103 | | 8 | 7 57 | 212 | 18 52 | 203 | 1 10 | -10 | 13 23 | 104 |
| | 9 | 5 21 | 201 | 18 51 | 214 | 12 9 | 17 | | | | 9 | 8 49 | 198 | 19 28 | 190 | 1 55 | -1 | 14 3 | 115 |
| | 10 | 6 3 | 210 | 19 21 | 218 | 0 27 | 91 | 12 44 | 15 | | 10 | 9 44 | 182 | 20 9 | 175 | 2 44 | 15 | 14 50 | 124 |
| | 11 | 6 45 | 215 | 19 49 | 219 | 1 1 | 81 | 13 18 | 19 | | 11 | 10 48 | 170 | 21 6 | 157 | 3 39 | 34 | 15 57 | 129 |
| | 12 | 7 28 | 214 | 20 17 | 217 | 1 37 | 72 | 13 51 | 30 | | 12 | 12 4 | 163 | 22 58 | 142 | 4 46 | 53 | 18 10 | 126 |
| | 13 | 8 13 | 209 | 20 44 | 213 | 2 14 | 64 | 14 24 | 48 | | 13 | 13 | 20 | 163 | 6 5 | 67 | 20 1 | 110 | |
| | 14 | 9 1 | 198 | 21 12 | 206 | 2 54 | 60 | 14 57 | 71 | | 14 | 1 11 | 141 | 14 17 | 167 | 7 22 | 75 | 20 53 | 90 |
| | 15 | 9 56 | 184 | 21 40 | 197 | 3 38 | 60 | 15 31 | 96 | | 15 | 2 37 | 151 | 14 57 | 173 | 8 26 | 79 | 21 31 | 71 |
| | 16 | 11 7 | 169 | 22 14 | 187 | 4 32 | 62 | 16 10 | 120 | | 16 | 3 35 | 163 | 15 30 | 180 | 9 18 | 81 | 22 3 | 55 |
| | 17 | 12 56 | 160 | 23 5 | 176 | 5 46 | 65 | 17 17 | 142 | | 17 | 4 21 | 175 | 15 58 | 185 | 10 1 | 83 | 22 33 | 40 |
| | 18 | | | 15 24 | 169 | 7 21 | 64 | 20 13 | 151 | | 18 | 5 0 | 186 | 16 25 | 189 | 10 39 | 85 | 23 2 | 28 |
| | 19 | 0 55 | 168 | 16 31 | 184 | 8 51 | 55 | 21 59 | 140 | | 19 | 5 36 | 193 | 16 50 | 191 | 11 13 | 88 | 23 31 | 19 |
| | 20 | 2 51 | 173 | 17 11 | 197 | 9 59 | 42 | 22 47 | 125 | | 20 | 6 11 | 198 | 17 16 | 192 | 11 46 | 91 | | |
| | 21 | 4 2 | 186 | 17 43 | 206 | 10 51 | 31 | 23 22 | 110 | | 21 | 6 45 | 198 | 17 42 | 191 | 0 1 | 13 | 12 17 | 93 |
| | 22 | 4 53 | 199 | 18 12 | 212 | 11 33 | 24 | 23 54 | 96 | | 22 | 7 20 | 196 | 18 9 | 188 | 0 31 | 11 | 12 48 | 97 |
| | 23 | 5 35 | 208 | 18 39 | 215 | 12 10 | 23 | 24 10 | 23 | | 23 | 7 54 | 190 | 18 38 | 184 | 1 2 | 12 | 13 19 | 100 |
| | 24 | 6 13 | 213 | 19 4 | 215 | 0 24 | 84 | 12 41 | 28 | | 24 | 8 32 | 183 | 19 8 | 177 | 1 34 | 17 | 13 51 | 104 |
| | 25 | 6 49 | 213 | 19 26 | 214 | 0 53 | 75 | 13 10 | 38 | | 25 | 9 12 | 175 | 19 44 | 168 | 2 9 | 24 | 14 29 | 108 |
| | 26 | 7 23 | 208 | 19 46 | 212 | 1 21 | 69 | 13 36 | 51 | | 26 | 10 0 | 168 | 20 29 | 157 | 2 49 | 32 | 15 19 | 112 |
| | 27 | 7 58 | 201 | 20 6 | 208 | 1 50 | 65 | 14 0 | 66 | | 27 | 10 56 | 164 | 21 37 | 145 | 3 38 | 43 | 16 34 | 113 |
| | 28 | 8 34 | 191 | 20 26 | 202 | 2 19 | 64 | 14 24 | 83 | | 28 | 12 0 | 163 | 23 21 | 138 | 4 39 | 54 | 18 15 | 106 |
| | 29 | 9 14 | 179 | 20 46 | 194 | 2 50 | 66 | 14 48 | 100 | | 29 | 13 2 | 167 | 23 12 | 167 | 5 54 | 64 | 19 35 | 88 |
| | 30 | 10 2 | 166 | 21 9 | 185 | 3 26 | 71 | 15 14 | 117 | | 30 | 1 9 | 143 | 13 55 | 174 | 7 11 | 71 | 20 31 | 64 |
| | 31 | 11 13 | 154 | 21 36 | 174 | 4 12 | 78 | 15 46 | 133 | | | | | | | | | | |
| 9月 | 1 | 13 54 | 152 | 22 22 | 162 | 5 24 | 85 | 17 16 | 148 | 12月 | 1 | 2 34 | 158 | 14 41 | 181 | 8 21 | 76 | 21 18 | 39 |
| | 2 | | | 15 54 | 165 | 7 17 | 84 | 20 53 | 146 | | 2 | 3 41 | 176 | 15 22 | 189 | 9 22 | 80 | 22 2 | 15 |
| | 3 | 0 38 | 154 | 16 28 | 179 | 8 48 | 73 | 21 54 | 133 | | 3 | 4 39 | 192 | 16 2 | 195 | 10 16 | 85 | 22 47 | -5 |
| | 4 | 2 38 | 162 | 16 55 | 192 | 9 46 | 58 | 22 28 | 118 | | 4 | 5 31 | 204 | 16 42 | 199 | 11 6 | 90 | 23 32 | 19 |
| | 5 | 3 41 | 178 | 17 22 | 204 | 10 30 | 43 | 22 59 | 102 | | 5 | 6 22 | 209 | 17 22 | 201 | 11 53 | 95 | | |
| | 6 | 4 29 | 196 | 17 48 | 214 | 11 8 | 30 | 23 31 | 85 | | 6 | 7 10 | 208 | 18 3 | 199 | 0 18 | -25 | 12 37 | 99 |
| | 7 | 5 12 | 211 | 18 15 | 222 | 11 44 | 24 | | | | 7 | 7 58 | 202 | 18 45 | 192 | 1 4 | -23 | 13 20 | 101 |
| | 8 | 5 54 | 223 | 18 42 | 226 | 0 3 | 69 | 12 19 | 25 | | | | | | | | | | |